

L&D in a box: Your learning and development meal kit



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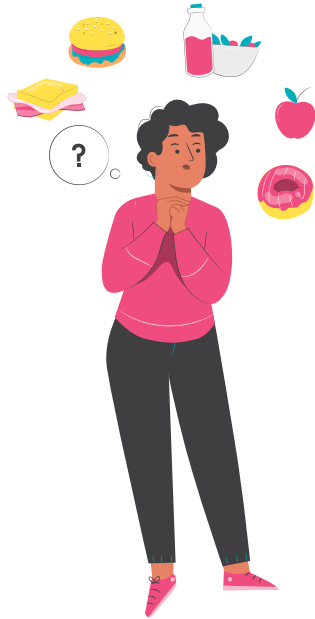
Creating a Learning and Development (L&D) program can feel overwhelming – yet research shows that L&D programs are one of the highest value systems to support productivity, employee retention, engagement, and so much more. In fact, current research has found that giving employees opportunities to learn and grow are **among the top predictors** of employee **engagement and commitment** and that **93% of employees would stay longer at a company that invests in their career growth.**

So, where should you begin?



Speaking:

Diane Sadowski Joseph



We've leveraged our experience helping thousands of organizations set up Learning and Development programs to deliver the ingredients and recipe you need to create a 5-star L&D meal. We've taken care of the meal prep so you can focus on digesting and catalyzing amazing experiences for your employees.

In each tool, you'll also find a short audio guide from L&D expert and Director of Team Enablement at LifeLabs Learning, [Massella Dukuly](#), who explains why these steps are so powerful.

Get support from HR + industry peers while you set up (or fine-tune) your L&D program by joining LifeLabs Learning's People Ops online community! Learn more [here](#).



Ingredients:

L&D Philosophy Tool



Speaking:
Massella Dukuly



L&D Philosophy Template

Defining your philosophy helps you make intentional choices about the design and implementation of your L&D strategy. You can include decision-makers in the process of creating a philosophy to both understand current needs, ensure values alignment, and get buy-in. You can use this philosophy statement to spread the word and get people excited about the development opportunities at your organization. Check out this simple template to get you started!



Recipe:

L&D Program Builder Tool



Speaking:
Massella Dukuly



L&D Curriculum builder

Once you have your L&D philosophy, bring it to life using our L&D program builder tool. Don't let this short summary fool you – we'll guide you through how to identify goals, create a high-impact curriculum in 5 simple steps, and make sure you're being inclusive in the process. This is truly your L&D-in-a-box kit.



The Meal: L&D Calendar Tool



Speaking:
Massella Dukuly



Speaking:
Rachel Glick



L&D Learning calendar template

Now that you have your curriculum ready, creating a dedicated calendar is a great way to let everyone know about the array of opportunities available to boost their learning and development. It sounds simple, but having it all mapped out is a visual reminder that your organization is invested in their success.

Ready to learn more?

We've trained over 375,000 managers, execs, and individual contributors at 1,700+ amazing companies — is yours next? Set your managers up for success with our lab-based, research-driven workshops. Learn more about how we partner with organizations to co-create world-class L&D programs. [Get in touch today.](#)

We love our clients, and the feeling is mutual! When asked how likely they are to recommend LifeLabs Learning, clients give us an average score of 9.6 out of 10. Here's why (in their own words):



“As Instacart was scaling in hyper-growth mode, it was critical to invest in management and leadership training. I would strongly recommend having LifeLabs come in and do their magic for any institution looking to invest in people.”

Bala Subramaniam,
Dr. of Product @ INSTACART



“This has been one of the best partnerships of my 18 year career – incredible, authentic, and knowledgeable. You're talking about a crew that knows what they're doing!”

Rachell Morris,
Head of HR @ TED

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