

Membership Overview

An annual membership with unlimited access to live LifeLabs Learning workshops, group practice and coaching sessions, on-demand courses, and our curated resource hub. We have three membership plans available to match your business and budget.

Skill Up

\$500

per learner/year

Included workshops:

- ✓ Influential Communication
- ✓ Feedback
- ✓ Behaviors of Inclusion
- ✓ Adaptivity & Resilience
- ✓ Career Growth
- ✓ Productivity & Prioritization
- ✓ Delivery Skills

Includes on-demand courses

Level Up

\$1,250

per learner/year

All workshops in Skill Up, plus:

- ✓ Managing Distributed Employees
- ✓ Coaching
- ✓ Effective 1-1s
- ✓ Inclusive Interviewing
- ✓ Delegation

Includes on-demand courses

Lead Up

\$1,750

per learner/year

All workshops in Skill Up & Level Up, plus:

- ✓ Strategic Thinking
- ✓ Effective Meetings
- ✓ Leading Change
- ✓ People Development
- ✓ Building Trust
- ✓ Conflict & Collaboration
- ✓ Inclusive Systems

Includes on-demand courses

Every Membership plan includes:

-  Science-backed content
-  Expert live facilitation
-  Dedicated program launch support
-  Simplified scheduling with daily virtual workshops
-  Pre- and post-workshop email nudges
-  Scalable tech platform with real-time reporting
-  On-demand courses and learning resources
-  Reusable templates and tools