









Manager CORE Part 1

Manager CORE 1 builds the foundation for today's managers with **five 2-hour workshops** designed for small learner cohorts. Each workshop can be tailored to meet the needs of first-time or experienced managers, directors, and senior leaders. Workshops are spaced for maximum learning retention.

Workshops	After this workshop, managers will know how to:	They will practice:
Coaching Skills	<ul style="list-style-type: none">• Motivate and empower their reports• Help their reports become proactive & independent• Listen and communicate more effectively	Active listening, question agility, coaching through work-related challenges
Feedback Skills	<ul style="list-style-type: none">• Handle difficult conversations well• Give actionable feedback• Ask for feedback effectively	Preparing for a tough conversation, giving and asking for feedback
Productivity & Prioritization	<ul style="list-style-type: none">• Manage their time and their reports' time well• Clearly communicate priorities• Take action proactively vs reactively	Prioritizing tasks and fixing common time management challenges
Effective 1-1s	<ul style="list-style-type: none">• Give reports a feeling of constant growth• Increase sense of meaning and inclusion• Use 1-on-1s to drive performance and engagement	Holding developmental 1-on-1 conversations
Manager Intensive 1	3 months later, at the critical point in the learning cycle when new skills start to fade, participants assess their CORE 1 skills, then take them to the next level by applying them to challenging scenarios	

All Programs Include:

-  Science-backed content
-  Customization to your culture and goals
-  Expert live facilitation
-  Consulting for program launch & impact plan
-  Dedicated success and support administrator
-  Scalable tech platform with real-time reporting
-  On-demand courses and learning resources
-  Reusable templates and tools

Results:

95% said the workshop they took was useful

99% said their facilitator was knowledgeable

95% said the workshop was engaging

94% said the training was having a positive impact on their performance 6 months after training

Next level training:

Build off of CORE skills by launching **Manager CORE Part 2 one year later**. Managers will learn to approach work strategically in areas that most impact the business, especially in times of change and uncertainty.